



Poacher 2018.....

The Lincolnshire Poacher continues tomorrow night at Pillar Woods with starts from 6pm or earlier. Paul Simmons is planning.

A big thank you to Isoldt for last week's event at Willingham Woods, seventy runners took part, with Imogen, Wayne and Ben coming out as the best 'bog trotters'

Thirsk Urban.....

Glorious weather and a glorious location for the Thirsk races last Saturday.

Three hundred runners would like to thank Ken, Neil and the HALO team for an excellent event.

Top ten HALO finishers and a good each way bet, were Brian Ward 4th M55, John Butler 6th M75 and Helena Crutchley 6th W55.

Photo finishes for Mike Smith, Pete Shew and Paul Simmons who were 41st, 42nd and 43rd M65. Likewise Jackie Edwards and Mary Vickers 17th and 18th W55.

Dorothy Smith unfortunately had a refusal at the 3rd.

MO PB VLM.....

Mo Farah set a personal best at the London Marathon last Sunday, just ahead of our own Danny Chan, who completed the course in 3hrs and 37 minutes. Well done DC.

Northern Champs Results.....

EBOR held the Northern Champs at Wass Forest on Sunday.

John Butler added another title to his JK win, first again on M75s. He may have been the only competitor in his class, but was still first out of the ten runners on course 12.

Other notables making a weekend of it were, Paul Simmons 3rd M65s, Helena 7th W55, Mary C 10th W65, Brian Slater 23rd M70, Neil 9th M60 and Emma 4th W14.

Events Coming Up.....

Wednesday 25th April, HALO - Poacher Pillar Woods

Sunday 29th April, NOC - Southwell Urban

Sunday 29th April, SYO - West Haigh

Wednesday 2nd May, HALO - Poacher Mausoleum Woods

Thursday 3rd May, LOG - Lincs Challenge Shield, Whitham St Hughes

Sunday 6th May, AIRE - Kippax Urban

Wednesday 9th May, HALO - Poacher Pillar Woods West

Saturday 12th May, EBOR - Scarborough Scamper

Sunday 13th May, EPOC - Yvette Baker Trophy, Oakwell Hall

Wednesday 16th May, HALO - Poacher Twigmoor

Saturday 19th May - British Champs, FA Cup Final, Royal Wedding.

Useful links.....

Websites of clubs and associations frequently mentioned in the [HALO](#) newsletter.

[AIRE](#), [CLARO](#), [CLOK](#), [DVO](#), [EBOR](#), [EPOC](#), [FABIAN](#), [LEI](#), [LOG](#), [NOC](#), [SYO](#), [YHOA](#)

HALO Pics from Thirsk.....



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