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HALO News Tuesday 30th June 2015



The competition heats up.....

The Lincolnshire Urban League concludes this week, in the middle of a heatwave.

Lincolnshire Urban League......

Last week saw rounds three and four take place at Sleaford and Bottesford. This week, events are at Brigg on Thursday and Skegness on Saturday.

Thanks go to Pete Harris who has planned all three HALO legs of the LUL, on Thursday he gets some help, with Luke Snell controlling.

After four events the league tables are starting to take shape. Only Jackie Edwards has completed all four and still leads the medium course. Andy Barker-Pilsworth from LOG is making a late charge, having won the last two events he's competed in. On the long course Wayne Byrne leads Brian Hostad, both having run three events. Liam Harrinton lurks in the wings though, with two wins from two runs, also for LOG. This week is the last chance to bag some more points. Goodluck HALO! League positions so far are here.

Other events.....

Saturday night saw the Field Family enter as a team at the Harvester Relays, finishing 12th out of 25.

Brian Ward and Wayne Byrne ran the Men's Open at the Milton Keynes Urban on Sunday. Brian was 7th and Wayne 17th out of 35. Meanwhile Amanda Ward finished 13th on the Women's 40+ course.

Brian Hostad ran the Humber Half Marathon on Sunday.

Events this week......

Thursday, HALO, LUL Brigg, meet in the Angel car park 6pm.

Saturday, <u>LOG</u>, LUL Skegness, meet on the seafront 10am.

Sunday, EPOC, Elland Urban, starts from 10.30am.

HALO News.....

This will be the penultimate newsletter of the season. We'll return after the holidays and a WOC 2015 special in August.

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to be a guest editor of the newsletter, please let me know.

HALO Pics.....



These signs didn't help me trying to find the event last Saturday. The house at the back seems to be looking as well.



Brigg
Bandstand & The Angel.



A sizzling Skegness on Saturday?

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