



HALO NEWS

The Newsletter of Humberside & Lincolnshire Orienteers

www.halo-orienteing.org.uk

December 2007

MERRY CHRISTMAS

HALO WINNERS

Orienteer of the Year: CHARLOTTE WARD

HALO Championships: Joint Winners

DEAN FIELD

ZAC FIELD

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From the Chair - AGM Report

Welcome everyone to the 2007 AGM and thank you for making the detour or special journey to attend this afternoon. The original date for the AGM was at the end of September following the Driffield event. Unfortunately, I was unable to secure a satisfactory venue and we decided to postpone until after the Normanby Park events.

In a year that has seen the introduction of a new British Orienteering membership structure and new HALO kit (and more recently the large banner), it is interesting to speculate which has had the most impact. There was a great deal of scepticism about the new structure prior to its introduction, but for most events it appears to be business as usual apart from some 'formalities' on event advertising material. On the other hand the new club kit is quite striking and no longer are we camouflaged when running through forests and woodlands. If nothing else the sizing of the tops has encouraged a leaner, if not necessarily fitter membership. Thanks to Brian Ward and Fiona Forrest for their hard work and persistence in acquiring the kit. I am sure it was a worthwhile exercise.



We have managed to put on a full programme of events this year with a Regional Event at Scardale and Knapton in February and District events at Primrose Warren in December, Elsham Park in April, Driffield Airfield in September and Normanby Park earlier this month. Primrose and Normanby also staged events for the YHOA night league. At the recent Normanby Park event we also hosted the national Yvette Baker Trophy Final which was a great success. My thanks go to everyone from our club who helped to make these events so enjoyable for all competitors through their efforts as Controllers, Organisers, Planners and the many other equally important tasks that are essential for a successful event. Organising a national event like the Yvette Baker Trophy final presents additional pressures for the organiser, controller and planner and Mike Dorothy and Neil did a fantastic job and provided an excellent challenge for the youngsters on the day. Normanby Park was a particularly good venue for this type of event. We sometimes feel that our event areas are perhaps inferior compared to some in other parts of our region, however good event organisation and course planning will always bring out the best and the accolades we have received over recent times for events such as Harvester Relays, Compass Sport Cup final and the recent Yvette Baker Trophy final are a testament to the skills and talents of our membership as much as the event areas.

*Leaner membership -
hmm!! (ed)*

The Poacher series was as successful as ever this year. Not only was it celebrating its tenth anniversary but electronic punching was introduced for the first time and was very successful. We are grateful to Brian Slater for his support on the computer side of SI, thus enabling a relatively 'painless' introduction of the new system to the series. My thanks go to all the organisers, 'kite collectors' and Pete Kullich for making it so successful and enjoyable. Congratulations to all those who gained awards.

The last event of this years Poacher was notable for the longest leg I think I have ever run. However that was to be eclipsed when in June we entered a team in the Cleveland Way Relay, with 16 'legs' covering the hundred or so miles between Filey and Helmsley. I am sure we never thought we would win, which was perhaps as well since the time difference between ourselves and the winners was measured in hours rather than minutes! Still, it was a very enjoyable day and Neil did a great job in logistics and saw everyone through to the bitter end which was no mean feat as he had to be up at just after three that morning to get to Filey to run the opening leg to Scarborough.

SYO hosted our Compass Sport Cup round this year at Greno, and as ever, John Fulwood 'scraped' together a team and as ever, there were the usual gaps caused by lack of membership rather than lack of participation. I was not convinced that the courses were planned in the spirit of the competition, which didn't really resemble a normal District Event.

On the social side we are grateful to Ingrid for organising the Christmas Dinner and to Paddy Neligan for the New Years Day event at Copmanthorpe. This year's New Year's Day event will again be on the north bank, this time returning to the Humber Bridge Country Park where I attended my first ever New Year event. There will be further details in the next newsletter and on our website. This provides a convenient link to the contributions of John Fulwood and Pete Shew to club this year. John continues to develop the newsletter and attracts more copy than he sometimes can cope with. I have to confess I do prefer to receive the newsletter through the post. I was delighted that Pete accepted an invitation to join the Committee recently and we hope that he will feel closer to what is going on and this will assist him with the content of the website. Pete is also to be congratulated in getting RouteGadget up and running. No mean feat. Fiona Forrest also accepted an invitation to join the Committee and we are confident that she will also bring some fresh thinking and new ideas. As most of you will be aware, Mike and Christine Cope moved from Hull to Knaresborough during the year and I note that they were both helping at the Start at a recent CLARO event. Understandably, Mike is not able to make Committee meetings now and acts more as a consultant than an active member of the committee. I understand that he may be taking over as YHOA Fixture Secretary in the near future, so that will also consume his time in the future. Though they haven't strictly speaking left us, I am sure you will agree that this is probably an appropriate time to thank them both for their significant contributions to the Club over many years.

In last years report I spoke about the success of Mike and Dorothy in raising £2700 of grant funding. They exceeded that this year with a further £3600 accrued, which has more or less made us self sufficient SI'wise. Sincere thanks to them both for their time and effort.

Like a number of clubs in the country, we are working towards gaining the Clubmark award which I have talked about in earlier Newsletters. One of our reasons for getting this award is to provide access to obtaining grants. However, there are other benefits in achieving this status and we will continue to work towards achieving Clubmark.

I have pleasure in awarding the **Orienteer of the Year trophy** to **Charlotte Ward**: she has made a breakthrough this year in winning W16B at the JK, JW5S at the Yorkshire & Humberside Championships and the G9 class at the Yorkshire & Humberside Schools Championships. She has recently been invited to join the YHOA Junior squad, and we wish her well for the future.

The **HALO Club Championships** were held at Driffield and resulted in joint winners being **Dean & Zac Field**. Only the top ten managed positive scores in Brian Ward's fiendishly cunning handicap system. These are shown elsewhere in the Newsletter.

HALO League winners were:

Senior men:	Brian Ward	Junior Men:	Zac Field
Senior women:	Fiona Forrest	Junior Women:	Charlotte Ward



Veteran men: Neil Harvatt

Veteran Women: Mary Carrick



Ken Hutson

AOB Following the AGM Mark Tyszka presented a paper raising some ideas for development which would assist in encouraging newcomers to Orienteering whether Adult or Junior.

These ideas were based on Dinah's experiences in returning to the sport, and the difficulties she encountered.

The points raised generated a lot of discussion. This will continue at the next committee meeting scheduled for January. The committee would like to have as much input as possible, so please email a committee member with your thoughts. This particularly applies if you are new to the sport, or if you have moved from another club that has had a good experience with introducing adults and/or Juniors to Orienteering.

John Fulwood

POINTS FOR DISCUSSION - AIMING AT CLUBMARK ?

Should we encourage mappers in our area to ensure that all maps include a list of symbols used on the map (even if it means printing a key on the back of the map)?

- inclusion of keys on maps would help novices and juniors learn the symbols used in orienteering and encouraging participation;
- since maps from different mappers vary, it would help all of us;
- a number of HALO maps do not have a key.

The Poacher Series is the most successful enterprise by HALO. Since we are aiming at a ClubMark Award, should we start using some Poacher Events to encourage novices and juniors to take part ?

- ⇒ Consider asking planners to make the Short course more attractive to novices eg.
 - avoiding controls at 'physical sites';
 - avoiding hazardous routes for the short-legged, timid, unfit;
 - adding a white/yellow course if necessary.
- ⇒ use publicity flyers which are simple, inviting and encouraging;
- ⇒ arrange for starts from 4.00pm at selected Poachers :
 - to allow school groups to come straight from school;
 - juniors would benefit from help from club members;
 - use the easy beginners course for coaching;
 - an extra planner for the junior course would be needed to help the organiser;

(Why not make the course difficulty clear by planning to and advertising Poacher courses to colour standards. - is the Short course a Light Green or Short Green? - John Fulwood)

Consider “an Autumn Sprint Orienteering Series on Saturdays (once a month?) in local parks etc ?

- short courses (1.5km and 3.0km); winning times around 15 minutes; fast and furious racing anyone can have a go;
- pre-marked maps; electronic punching;
- Classes – Junior, Youth, Open, Vets; overall Series prizes;
- leaders in Junior and Youth classes wear the coveted Yellow Jerseys;
- followed by coaching sessions for schools/juniors. Join in and learn.

Adults welcome.” *[A CLOK initiative – running well!]*

Mark Tyszka

HALO CLUB CHAMPIONSHIPS

Driffield - September 30th

HALO Handicap results - I have only supplied results for those who managed to avoid a negative score (to avoid potential embarrassment!)

Brian Ward

1st =	Dean Field	M40	17
1st =	Zac Field	M12	17
3	Brian Ward	M45	9
4	Charlotte Ward	W16	6
5=	Dorothy Smith	W55	5
5=	Jake Field	M10	5
5=	Ken Hutson	M50	5
8	Mike Cope	M55	3
9	Neil Harvatt	M50	2
10	Mike Smith	M60	0



Orienteering

On

Cannock Chase NORTH SHERBROOK

District Event & Compass Sport Cup Round

Sunday January 13th 2008

- Signed from: A513 between Wolseley Bridge and Milford
- Parking at: SJ994210 in a field. OS Sheet 127/Explorer 244 Car park fee: £1.50
- Courses
- | | |
|-------------|---|
| Orange | Senior Girls (W14), Senior Boys (M14) |
| L. Green | Junior Women (W16 – 18), Junior Men (M16 – 18) |
| Short Green | Super Vet. Women (W60+), M75+ |
| Green | Int. Women (W20), Senior Women (W45), Vet. Women (W50-55) |
| Green 2 | Super Vet. Men (M60+) |
| Blue 1 | Open Women (W21 - 40) |
| Blue 2 | Int. Men (M20), Senior Men(M45), Vet. Men (M50 – 55) |
| Brown | Open Men (M21 – 40) |
- Entry Fees: Seniors: £8 (£2 discount for national BOF members or local BOF WM members) Juniors: £2
- Type of punching: Sport-Ident(SI)
Hire of E-card: Seniors £1 Juniors: 50p
- Terrain: The area is a mixture of coniferous plantation, deciduous silver birch and oak woodland and open heath land.
- Maps 1 : 10 000
- Registration: 10:00 Starts: From 10:30
- Organiser: Andy Goode (WCH) Telephone: 01785 248634
- Planner: Kevin Waters (WCH) Controller: Marcus Eassom(WCH)
- Safety: This area is undermined and liable to subsidence. Areas marked out of bounds must be strictly avoided. Care must be taken as new fissures could suddenly occur away from these areas. Competitors take part at their own risk. Whistles should be carried . www.walton-chasers.co.uk

2008 Compass Sport Cup/Trophy

First Round 13th January 2008:

Venue: WCH : Sherbrook & Brocton - Cannock Chase, Cannock

(this is to the North end of Cannock Chase, about 5 miles E of Stafford)

The choices of venues were Brandon in Suffolk, Stanhope or Hamsterley in Co Durham, or Cannock Chase. None of them really very close. I surveyed the committee and although Brandon was the preferred option for those of us in the deep South, the only preference from North of the Humber was for Cannock, so there we are!

HALO are competing against COBOC; POTOOC & WRE .

Please let me know if you can run for HALO

The courses as described by British Orienteering are as follows:

- | | | | | |
|----|--------------|---------|-----------|-------|
| 1) | Brown : | Men | Open | Large |
| 2) | Blue : | Women | Open | Small |
| 3) | Blue : | Men | M45+ M20- | Large |
| 4) | Green : | Women | W45+ W20- | Small |
| 5) | Green : | Men | M60+ | Small |
| 6) | Short Green: | Vets | M75+ W60+ | Small |
| 7) | Light Green: | Juniors | M/W18- | Small |
| 8) | Orange: | Juniors | M/W14- | Small |

We can field as many competitors as we like. There are 13 to count which is made up from a max. of 3 on each of the large courses & 2 on each of the small courses. All competitors score points, so even if you do not count as a scorer it is possible to help the club by pushing another club's runner down the field.

HALO will pay the Entry fees. So please let me know if you can run. Entry is only through the club. I will issue Final Details to those entered as soon as they become available.

John Fulwood: 01507 466314 : johnfulwood@supanet.com



New Year's Day Event
Tuesday 1st January 2008
Humber Bridge Country Park
(new 1:3000 map 2006)

Please assemble in the Country Park car park nearest the entrance. It will be 'O' signed, but follow the brown signs to the Country Park to pick these up.

If you are travelling across the bridge from the south, take the first left after the toll booths and before the roundabout.

From the west (A63) take the Humber Bridge turn off and take third exit from the roundabout.

From the north (A164) turn right at the 'Humber Bridge' roundabout and take first exit at the next roundabout.

Registration: ~10.30 for an 11.00 prompt start.

Format: Teams of three, to be decided on the day – the rest has not yet been decided.

Afterwards: The Hutsons', 12, Turners Lane, North Ferriby.

Lunch will be provided, there is no need to bring any contributions! Please advise any special dietary requests.

Please let me know if you wish to take part (by 29/12/07 if possible) as I need to plan and Janet needs to cater!

Ken Hutson 01482 632529
07748 763368

ken.hutson@gmail.com



HUMBERSIDE AND LINCOLNSHIRE ORIENTEERS
REGIONAL EVENT

PILLAR WOODS Nr Caistor

SUNDAY 3RD FEBRUARY 2008

Venue: Pillar Woods. TA 132059. 7 miles from Junction 5 of the M180. Signed from the A18 200m E of Humberside Airport and from A46 1 mile E of Caistor.

Parking: Parking & Registration in one area within 750m of the Start.
Car Park fee: £1.00

Dogs: No dogs please. This is a private shooting estate.

Terrain: Undulating mixed woodland with excellent runnability.

Map: 1:10000 with 5m contours updated winter 2007

Courses : J/W 1 – J/W 5: M/W 21-75 Long/Short
Colour Coded : Orange & Light Green
It is expected that Juniors wishing to run White or Yellow will run J/W 1 or 2.

Entry fees: Seniors £9.00: Juniors £4.00 less £2.00 / £1.00 for BOF/Regional members
Late Entry / EOD (subject to map availability): Add £2.00 for Seniors.
Juniors remain the same

Colour coded: (EOD only). £3.50 all entrants.

Entries to: Postal Entries only for Regional Event only on a SEF to:

John Fulwood, Sunnyside, Church lane, Willoughby, ALFORD Lincs. LN13 9SU.
(Tel: 01507 466314 email: johnfulwood@supanet.com) Cheques: HALO

Closing Date: 25th January 2008

Final Details/Results: Will be posted on the HALO website. If a printed copy is required for either/both, please enclose either 1 or 2 SAEs.

Punching: SPORTident punching. SI Card hire £1.00 Seniors £0.50 Juniors

Times Registration: 10.00 – 12.00
Start: 10.30 – 12.30

Officials: Organiser: John Fulwood - details above Planner: Brian Ward
Controller: Peter Hubberstey (NOC)

**** COMPETITORS TAKE PART AT THEIR OWN RISK****

YHOA GALLOPEN 2007

These are the final results for 2007 as there are no more YHOA regional events in this calendar year. The final total is based on the best 6 results out of the 9 possible ones. Congratulations to all those at the top of the tables.

Many winners are the same people as last year though there are a few position changes. Tables are dominated by EBOR members who managed to get at least 2 of the top 3 places in 5 of the 6 classes. The Field family (Zac, Joe and Jake) made a clean sweep in the JM class as well as Yasmin winning the JW class. Behind Yasmin were Alice Leake and Charlotte Ward (HALO). Steve Whitehead again won the ML class with Andrew Thorpe (EPOC) and Richard Payne (EPOC) coming second and third. Andrew and Richard were fourth and second last year. Dave Brown moved up from tenth place last year to win the MS class in 2007. Tony Udris and Graham Lloyd (EPOC) came second (same as last year) and third (last year's winner). Helen Gardner moved up from eighth place last year to win the WL class. Ruth Ker (AIRE) and Christine Andrews were second and third. Janet Leake won the WS class again with Linda Whitehead and Margaret Parker (AIRE) coming second and third.

Mike Cope

Fname	Sname	Club	LS J	Class	Scar dale	Mars den	Bail don	Hea tor	WR 1	WR 2	Dales 1	Dales2	Lang field	Total
1 Yasmin	Field	EBOR	JW	W8	1049	881	1049	929	968	966	929	944	500	5905
2 Alice	Leake	EBOR	JW	W16			1079	928	680	841	863	831		5222
3 Charlotte	Ward	HALO	JW	W16	790		902	985	662	798	685			4822
37 Amber	Harris	HALO	JW	W14				0	0				509	509
1 Helen	Gardner	EBOR	WL	W55	948	882	881	998	824	943		912		5564
14 Mary	Carrick	HALO	WL	W55	686	596		515	631	580	576	590	0	3659
61 Fiona	Forrest	HALO	WL	W21				814						814
65 Helena	Crutchley	HALO	WL	W40	717									717
1 Janet	Leake	EBOR	WS	W45	954		851	995	707	673	972	922	1032	5726
9 Amanda	Ward	HALO	WS	W40	500		596	521	500	500	654			3271
15 Rose- anne	Field	EBOR	WS	W40				625	679	655			675	2634
20 Dorothy	Smith	HALO	WS	W55	772				624	729				2125
22 Helen	Smith	HALO	WS	W21	618				704	613				1935
36 Isoldt	Harris	HALO	WS	W45				588	500					1088
53 Sue	Chaney	HALO	WS	W65	664									664

YHOA Galloppen - Men

Fname	Sname	Club	LSJ	Class	Scar dale	Mars den	Bail don	Heat or	WR1	WR2	Dales 1	Dales 2	Lang field	Total
1 Zachary	Field	EBOR JM	M12		1072	676	1046	1065	904	988	1027	1026	936	6224
2 Joe	Field	EBOR JM	M6		1039	1200	820	947	832	847			1200	6065
3 Jake	Field	EBOR JM	M12		1015		851	900	1027	875	911	913	879	5645
1 Steve	Whitehead	EBOR ML	M50		966	989	935	1058			943	816	1052	5943
2 Andrew	Thorpe	EPOC ML	M35		1134	0			1015	945	921	936	826	5777
5 Neil	Harvatt	HALO ML	M50		807	948	836	909	778	688	715	787	905	5192
8 Dean	Field	EBOR ML	M40		865		897	943	787	672	803	766	822	5117
37 Pat	O'Grady	SYO ML	M70		567		613	582	668	613			565	3608
49 Mark	Tyszka	HALO ML	M70		914				669		803	761		3147
52 Brian	Ward	HALO ML	M45		1039		1030	952						3021
77 Paddy	Neligan	HALO ML	M55							608	631	738		1977
80 Mike	Cope	HALO ML	M60		680		643	616						1939
127 David	Siddle	HALO ML	M50		745									745
128 John	Chaney	HALO ML	M65		724									724
135 John	Fulwood	HALO ML	M55			675								675
136 Brian	Slater	HALO ML	M60		660									660
137 Vernon	Davis	HALO ML	M65		650									650
149 Phil	Gray	HALO ML	M45		538									538
150 Peter	Harris	HALO ML	M45					529						529
153 Kenneth	Hutson	HALO ML	M55		500									500
1 Dave	Brown	EBOR MS	M50		1005	915	966	934	793	809	982	656	836	5638
18 Brian	Ward	HALO MS	M45						962	973	959			2894
29 Peter	Harris	HALO MS	M45						689	692			743	2124
45 Alan	Robinson	HALO MS	M60					865	658					1523
62 Martin	Smith	HALO MS	M21							873				873
66 Rod	Williams	HALO MS	M60							823				823
68 Martin	Kullich	HALO MS	M21		822									822
71 Matt	Richards	HALO MS	M21					797						797
77 Nick	Allan-Smith	HALO MS	M50		684									684
80 Andrew	Houlden	HALO MS	M35		638									638

HALO League	Class	Category	Drif- f'ld	Scar- b'gh	Bentley	Nrmnby	Walby	Best Six	Eve nts
Mike Smith	M60	Vet	107	114	105		116	442	4
Mark Tyszka	M70	Vet	100		105	81	117	403	4
Joe Field	M10	Junior	98	96	101	100		395	4
Vernon Davis	M65	Vet	94		94	87	103	378	4
Mary Carrick	W55	Vet	88		88	80	97	353	4
Yasmin Field	W10	Junior	59	96	101	94		350	4
Zac Field	M12	Junior	116		115	117		348	3
Pete Harris	M45	Senior	75		81	88	92	336	4
Dean Field	M40	Senior	108	121		104		333	3
Jake Field	M12	Junior	112		110	93		315	3
John Fulwood	M55	Vet	94		93		107	294	3
Dorothy Smith	W55	Vet	96	85			110	291	3
Rosie Field	W40	Senior	86	98	98			282	3
Pat O`Grady	M70	Vet	84	107	85			276	3
Ken Hutson	M50	Vet	87		84		90	261	3
Neil Harvatt	M50	Vet	109				128	237	2
Geraldine Davis	W55	Vet	0		93	50	85	228	4
Amber Harris	W14	Junior	82		86	58		226	3
Fiona Forest	W21	Senior			107	97		204	2
Helen Smith	W21	Senior		98			104	202	2
Mike Cope	M55	Vet	95		102			197	2
Helena Crutchley	W40	Senior			100	95		195	2
Tom Crowston	M75	Vet			97		92	189	2
Pete Shew	M60	Vet	89	96				185	2
Dinah Tyszka	W65	Vet	83		91			174	2
Ann O`Grady	W70	Vet	78	91				169	2
Christine Cope	W60	Vet	75		89			164	2
Andrew Houl- den	M35	Senior	50		58		50	158	3
Isoldt Harris	W45	Senior	66		82			148	2
Tracey Black- burn	W21	Senior			85	50		135	2
Geoff Smith	M50	Vet			73	50		123	2

HALO League 2007/8 fixtures

The following fixtures are designated as HALO League events for 2007/2008 (further fixtures will be nominated later).

30/9/2007	Driffield Aerodrome	HALO
28/10/2007	Olivers Mount, Scarborough	Ebor
25/11/2007	Bentley, Doncaster	SYO
2/12/2007	Normanby Hall, Scunthorpe	HALO
16/12/2007	Walesby	NOC
30/12/2007	Wheldrake	Ebor
21/1/2008	Bishop Wood	Ebor

Career Opportunities

Two vacancies have arisen to work for a small but friendly company who specialise in working outdoors. For the most part you will be your own boss only working when you need to.

Remuneration – nil (unless you count the inner glow that accompanies a job well done). Reasonable expenses will be reimbursed.

Hours – numerous, to suit you, although on the week-end of April 20th 2008 you will be a slave to the job.

Holidays – you can go wherever you want after April 20th.

Applications for Planner and Organiser for the Houghton Woods District Event on 20th April 2008 are now invited from suitable candidates. No qualifications or experience necessary. (Knowing which way up a compass goes is a distinct advantage). Other training may be given on the job. Apply to Neil Harvatt please, pretty please!!

Neil: Tel: 01302 772911

Email: neil@neilharvatt1.orangehome.co.uk

Event Reports

Lindley Moor, CLARO District Event, 9th September

The area is very rough underfoot, not really suited to anyone with a permanent groin problem (me!). Not feeling at my best anyway, I should have run down a colour (or two), but struggled round until the last control and was then forced to walk the final 400 metres to the finish – lesson learned (we hope!).

Generally “green” in nature – both on map and in forest, this isn’t a forest for the faint hearted, would I go again – yes, if only to prove that I can orienteer there!!

Attemire, AIRE National Event, 15th September

I thought (incorrectly) this would be a super-fast area like it’s near neighbour – Kilnsey – wrong! I struggled from the start, the navigation wasn’t difficult, the many, many, dry stone walls, acting as good handrails and catching features. It was the underfoot roughness that caught me out. Again, by the finish, I was reduced to a near walk only from the last control – this doesn’t look good!

Drifffield, HALO District Event, 30th September

I like this area – it’s a little gem – I said as much 2 year’s ago. This time round we were a little early, another month would have seen off the last of the undergrowth nicely, as it was, for late September, it was o.k.

I think more use could have been made of the more complex central area, but as I needed a good leg stretch, maybe it’s as well the brain was over-taxed too much!

This would be a great “sprint” or relay area in the Spring time, HALO committee take note!

Salcey Forest, SMOC Regional Event, 28th October

Stood in the start lane with Charlotte it didn't look promising. The weather was wet and map was green – very green. The forest edges, bordering the paths, looked awful.

What a surprise then, when we picked up our maps and got into the wood. It was actually quite runnable – which is often the case with “light green” mapped forest.

A very complex network of ditches throughout the area kept you on your toes, but equally, a very good path, track and ride network was there as a safety net if needed.

I would return here – but they would need to sort out the awful linear parking!

Delamere Forest, MDOC Regional Event, 4th November

Generally low-lying and of mixed vegetation, this was a return to Delamere for me, having travelled up a few years ago with a different merry band of Haloites. Not so welcome was the injury-inducing fall I had half way round my course. OUCH! Turns out I tore my ankle tendons (note – NOT ligaments!) and could be out for 6 – 8 weeks! – but I didn't find that out until after –

Fairoak and Hednesford Camp, WCH Regional Event, 11th November

I love Cannock Chase – this being another fine example, other than the fact that every step was painful. Having rested during the week I managed 15 minutes jogging Saturday and decided it was worth the risk to run here (having pre-entered). Oh well, a visit to the Doc's (a very proficient female runner herself) the following week confirmed the above (see Delamere) – torn ankle tendon's, 6 – 8 weeks recovery, oh well, it's not as though I'm use to the cycle of events by now – train hard, get fit, get injured, recover, work like stink to get fit again..... repeat!!

Brian Ward

Bits & Pieces - random jottings

An omission from the last Edition of HALO News: HALO did win a (small) trophy at the Scottish 6 Day. Mark was third overall in M70S, beaten only by two Scandinavians, and was given an engraved whisky/shot glass at the final presentation (much to his surprise!) Because we did not think he had won anything, I'm afraid I was not ready to take a photo
Dinah Tyszka

Also from the Scottish 6 days / last HALO News: The Sapphire Anniversary gentians not only survived the trip home but also an intermediate week with three young grandchildren on the way back. They were still flowering beautifully in Keelby (mid-September).
Mark & Dinah Tyszka

Sue and I visited the Ferguson and Fawcett at Walkington at the end of October and in the Lounge we recognised two old members of HALO. They were **Frank and Fran Green**. Frank used to be the Chairman of HALO probably in the early 90's but then quit Orienteering after he retired from teaching at Cottingham. Fran used to teach at Hymers. We had not seen them for years but they did not look very different. They were staying at Little Weighton campsite in their Camper Van. But where had they come from?

They now live at Lairg, Sutherland about 450 miles from Hull, and a place we visited last summer before the Scottish O. Frank was going to visit a Sheffield Hospital and have a cataract operation. (which amazingly Sue was going to have the same operation the next week)

Frank now plays the fiddle and they are both members of the Sutherland Accordion and Fiddle Club and play at Celidhs. He is also going to play the Cello in a local group. They enjoy the Country life at Lairg and are having a new house built. They no longer Orienteer but send their regards to Club members. We have the telephone number if anyone needs it.

John and Sue Chaney

Christmas Riddle-me-ree

My first is in Christmas but not in box.

My second is in stocking and also in sox.

My third is in wine but not in ale.

My fourth is in story and also in tale.

My fifth is in crib but not in stall.

My sixth is in holly but not in hall.

My seventh is in Bethlehem, mistletoe and bell,

In carol and tree-lights, in kernel and shell.

My whole is much sought after by Orienteers.

Dinah Tyszka

(Answer bottom of page 21)

Fiona's Handy Hint:

Do you have difficulty in picking out the correct control description and control number during the competition?

Why not identify the alternate controls before you start with a highlighter, That way the description and number are easily matched.

Any more useful hints?

Editorial

Thank you again to all those who have contributed. Remember this is your magazine, so please keep the copy flowing.

The AGM had its lowest attendance for a number of years. Perhaps 10 days before Christmas was not the best date, but given the difficulty in arranging a venue near Driffield for the end of September, this was the best compromise. At least it was in 2007, and not in 2008!

Although the attendance was low, there were positive things to report. Ken has highlighted in his report about the new club kit and the club banner. The club is now self sufficient in SI Equipment. This means we can run our own Events as and when we want, without having to hire equipment from YHOA, with all the attendant difficulties of availability and travel costs. This is thanks to Dorothy & Mike who have quietly got on with attracting grant aid - about £6000 in the last two years. The club owes them a big debt of gratitude.

Ken also raised the point about the series of National Finals the club has recently organised. Something of which we should all be proud. This year it was the Yvette Baker Trophy Final . In recent years it has been the Compass-Sport Cup Final and the Harvester Relays. We do therefore have the areas and organisational ability to compete with the rest of the country.

The area that we cannot compete is in the actual competition. Although we enter the Compass-Sport Trophy each year it is many years since we managed to get beyond the first round. Orienteering is after all a competitive sport. We really do need to attract new (fit) members, and have a coaching structure that will improve their techniques. Mark's proposals go some way in attempting to address this. Although the emphasis is on bringing on Juniors we should not lose sight of the fact that the quickest route to success is to attract established athletes. **So who do you know?**

Keep the articles & pictures coming.

Finally : may I wish you a Merry Christmas and in the New year may all your controls be where you think they are !!

A reminder that HALO NEWS is On-line at www.halo-orienteeing.org.uk

If you are happy to view, or download / print from the website instead of receiving a hard copy by snail mail, then please let me know by e-mail.

Savings on printing, stationery, postage will all help the club funds!!!!

Copy date for next Newsletter: 10th February

HALO Fixtures & Officials to April 2009

Listed below are HALO events up to April 2009, together with the names of those members who have agreed to officiate. (This list excludes Poacher 2008 Events which will be advertised in early 2008) If you can help by volunteering to fill any of the other main posts, please contact our Fixture Secretary, Neil Harvatt (neil@neilharvatt1.orangehome.co.uk). This help will be much appreciated and will also allow some of the regular officials to fully take part in our events.

If you can't fill an official role but are able to help on the day for any event, then please contact the organiser for that event. Even if you can't help during an event, you could still contribute by volunteering to collect some of the controls in. (This is a valuable way to improve your orienteering skills, finding controls with no time pressure – you should have to pay for the privilege!!)

Neil Harvatt

DATE	VENUE	CONTROLLER	ORGANISER	PLANNER
2008 Feb 3	REGIONAL Pillar Woods	Peter Hubberstey (NOC)	John Fulwood	Brian Ward
Apr 20	DISTRICT Houghton Woods	John Butler (SBOC)		
May 17	SCHOOLS Burton Constable			
Dec 13	NIGHT Venue tba			
Dec 14	DISTRICT Venue tba			
2009 Apr 26	REGIONAL Londesborough Park			

CONTROL Christmas Riddle-me-free answer:

Yorkshire and Humberside Orienteering Association (YHOA) Colour coded Awards

How can you show other orienteers that you have achieved a certain standard in orienteering? Well, one possible way is to apply for a 'Colour-Coded Award' when you have completed three orienteering courses at a particular standard.

A competitor qualifies for a Colour Coded Award by achieving the Colour Coded Standard for that colour course

A White Colour Coded Standard is achieved by anyone who successfully completes the White course.

The Colour Coded Standard (for courses other than White) is calculated using whichever of the following two methods gives the larger number of qualifiers:

* the time that is achieved by at least 50% of those who started the course

OR

* 150% of the winner's time.

Pairs can qualify for Colour Coded Awards on the White, Yellow and Orange courses.

The Colour Coded Standard time for each course should be included in the final results.

When you have done this, you will be given (free of charge!) a YHOA fabric badge of your achieved colour, which can be sewn onto your O-top to show your improvement.

To apply for your badge you need to write to: **Dorothy Smith, 111A Westgate, Belton, Doncaster, DN9 1PY** supplying the following information:

- your full name and club (or school, if not a BOF member);
- the colour of badge being claimed;
- the date, name and venue of the three events on which the award will be based;
- a stamped self-addressed envelope.

FIXTURES

Local and District Events

These are abbreviated. Please check with the Organiser / Club website for all details.

Jan 1st **HALO New Year's Day Team Event:** Humber Bridge Country Park.
C5 See page 10 for details

Jan 6th AIRE District Event. Buck Wood, nr Shipley, Bradford
C4 Jan 19th EBOR Night Event. Bishop Wood, Selby.

Jan 13th **WCH Compass Sport Cup/Trophy 1st Round**
C4 **See page 8 & 9 for details**

Jan 19th EBOR Night Event. Bishop Wood, Selby.
C4N Graham Todd, 01904 704905 www.eborienteers.org.uk

Jan 20th EBOR District Event. Bishop Wood, Selby
C4 Graham Todd, 01904 704905 www.eborienteers.org.uk

Mar 2nd DVO District Event. Crich Chase, Belper
C4 Dave Bennett, 01332-298959. davebderwent@aol.com
www.dvo.org.uk

Mar 16th NOC District Event. Thieves Wood, Mansfield
C4 Bob Alderson, 0115 845 0771. r.alderson1@ntlworld.com
www.noc-uk.org

National & Regional Events:

Jan 27th SYO Regional Event. Tankersley, Sheffield
C3 Organiser: Lucy Wiegand. lucywiegand@onetel.com
Entries: Douglas Thomson, 3 Lynwood Close, Dronfield Woodhouse,
Dronfield, Sheffield, S18 8QH, 01246 411158.
douglasthompson@gmx.ge CD: 13/01/08
www.southyorkshireorienteers.org.uk

National & Regional Events: (cont'd)

- Feb 3rd**
C3 **HALO Regional Event.** Pillar Woods, Caistor, Lincs.
See page 11 for details
- Feb 10th**
C3 NOC Regional Event, Robin Hood Trophy & Midland Champs.
Budby, Mansfield Organiser: Helen O'Neil, 0115 9441592.
org20080210@noc-uk.org Entries: Peter Cholerton, The Doves,
40 Fairdale Drive, Newthorpe, Nottm, NG16 2FG.
entries2008@noc-uk.org *CD: Postal - 25/01/08, Online - 28/01/08.*
www.noc-uk.org
- Feb 17th**
C3 **CLOK Regional Event & Northern Championships.** Arncliffe
Woods, Osmotherley Joe Trigg, 01642 279668.
joe.trigg@ntlworld.com www.clok.org.uk
- Feb 24th
C3 CLARO Regional Event. Brimham, Pateley Bridge
Chris Dicken, 01423 505748. dicken_chris@hotmail.com
www.claro-orienteing.org
- Mar 16th
C3 AIRE Dales Regional Event. Valley of Desolation, Skipton
Organiser: Martyn Broadest, 0113 2328982 (before 9pm).
martyn@broadest.org.uk Entries: Alan and Margaret Parker, 10,
King Alfreds Drive, Leeds, LS6 4PS, 0113 268 5764.
meparker@freenet.co.uk www.aire.org.uk
- Mar 21st-24th** **JAN KJELLSTROM ORIENTEERING FESTIVAL**
- C3S** **21st - JK Weekend - Sprint Race.** University of Surrey, Guildford.
- C1** **22nd - JK WEEKEND - DAY 1 INDIVIDUAL RACE.** Leith Hill,
Dorking.
- C1** **23rd - JK WEEKEND - DAY 2 INDIVIDUAL RACES.** Pippinford
Park and Broadstone Warren, Tunbridge Wells.
- R1** **24th - JK Weekend - Relays.** Eridge Park, Tunbridge Wells
Mike Elliot (Event Coordinator), 01372 273106.
mike.elliott@bigfoot.com www.jk2008.org.uk
See website for details of closing dates etc.