

Willows & Freshney 2016



Great Grimsby

Sunday 22nd May 2016 (Level C Event)

Parking	John Whitgift Academy, Crosland Road, Great Grimsby, North East Lincolnshire, DN37 9EH Directions to JWA.pdf (285 KB)	
Registration	Caraway Suite Room & Toilets JWA Map 2015 2016.pdf (202 KB)	
Courses	Points scored will be attributed to YHOA Urban League as well as UKUL. Course lengths are approximate	
Course A	Open Men (M18-M35)	8.5km
Course B	Open Women (W18-W35) Veteran Men (M40+)	7km
Course C	Veteran Women (W40+) Super Veteran Men (M55+)	5.5km
Course D	Super Veteran Women (W55+) Ultra Veteran Men (M65+)	4.5km
Course E	Ultra Veteran Women (W65+)	3.5km
Course F	Junior Men (M16-) Junior Women (W16-)	3.5km
Course G	Young Junior Men (M12-) Young Junior Women (W12-)	2.0km
Sprint	EOD £2 - Starts from 11.30 - 16years and over only: Scale 1:4000	
	rustic park surrounding the River Freshney which has several crossing points. The area was used last year for two local events and a WOC training session. No major roads run through the competition area but local roads can be busy.	
Map	The map area has been extended to the South and East by Pete Harris to accommodate the longer courses, which will be required for the UK Urban League Event. The maps at a scale of 1:5000 will be printed on A3 waterproof paper by 'BML PRINT'. Control descriptions will be available in the start lanes. The area used for junior courses will have a minimal number of minor road crossings.	
Entries	Online entries via Fabian4 will be available from 11th th April and up to 15 th May. Adult fees £7 with concessions for juniors & students. Entry fees after 15 th May and EOD will be £10 with concessions. EOD subject to map availability. SI Card hire is (£1) and pre-hired cards will be available from Registration. Postal entries to B Slater, 32 Scrivelsby Court, Cleethorpes, DN35 0HJ. Cheques payable to HALO.	
Registration	10.00 – 12:00;	
Starts	10:30 to 13:00 SPRINT from 11:30 – last Sprint start at 13:30	

Officials Planner: Pete Harris Controller: Jeff Baker (LOG) Organiser: Brian Slater

Thank you for supporting this event and we look forward to seeing you - HALO



