

## PETER PALMER RELAYS 13/14<sup>th</sup> SEPTEMBER 2014

Humberside and Lincolnshire Orienteering Club (HALO) will be hosting the 2014 Peter Palmer Relays, at Walesby Forest Outdoor Adventure Activity Centre:

**O/S Map Ref: 120 - 668702**

**Brake Road, Walesby, Newark, Nottinghamshire, NG22 9NG**

**Find map directions:** [Click Here](#)

**Event:** The intention is to give juniors the opportunity to experience the excitement of a night/dusk/day multi person orienteering relay competition similar to some of the larger National and International events.

**Terrain:** A mix of semi parkland and nice mixed woodland. Walesby Forest has clear boundaries with a stream and perimeter fence. There is a good path network.

**Accommodation:** for competitors, officials and helpers – Walesby Forest Outdoor Adventure Activity Centre which is a tented camp and lodge next to the area. Teams need to bring pillows, sleeping bags and roll mats. The cost of accommodation is included in the price of entry. The allocation of these is up to the organisers – and will be confirmed on arrival.

**Timings:** Race starts 04:30hrs on 14/9/14. Prize giving approximately 09:15hrs.

**Competition:** The race is run under the competition rules available here: [Click here](#)

In summary these are:

### **Format**

1. The Peter Palmer Junior Team Relay is for club teams comprising all standards of junior orienteer's from the M/W12 to M/W18 age classes. (Note: M/W10s are specifically not permitted to take part.)
2. The race is run over six laps. Each team must have at least two laps run by boys and two laps run by girls.
3. Lap 5 (Yellow Standard) may have up to three runners per team. Each team's runners all start together when their lap 4 runner finishes. The first lap 5 runner to finish hands over to the lap 6 runner.
  - If the first finisher on lap 5 is subsequently disqualified due to mispunching then the second finisher's time will be used to calculate the final result.
  - For lap 5 to count as a girls (boys) lap all three runners must be girls (boys).
  - For the Joan George Trophy the British Orienteering age of the oldest runner on this lap will be used.
4. A competitor is not permitted to run more than once.

## Eligibility

1. Any club registered with British Orienteering may enter a team or teams in the Peter Palmer Junior Team Relay.
2. All competitors must be juniors in the age range M/W12 to M/W18. (Note: M/W10s are specifically not permitted to take part, even running up as M/W12s.)
3. Competitors must be either members of British Orienteering or attend a school, college or university which has a formal association with a club. Version 1.4. Jan 2014 Competition Rule M: Peter Palmer Junior Team Relay Competition Rule M British Orienteering Rules of Orienteering 2014 Page 2
4. Juniors, who are members of British Orienteering, must meet the club representation eligibility requirements in the British Orienteering Rules of Orienteering.
5. Juniors who are not members of British Orienteering are permitted to compete in this competition provided that this is the only "Open" club that they compete for in any competition during the year.

## Trophies

There are three Trophies to be presented at the Peter Palmer Junior Team Relay:

- Peter Palmer Trophy - all team members from the same club.
- Joan George Trophy - all team members from the same club, combined British Orienteering ages to total 90 or less.
- Norwich Orienteering Club Anniversary Trophy - all team members either
  - (a) from the same 'small club', or
  - (b) from two 'small clubs' forming a combined team

**Entries:** By post using the PPJR entry form attached. Please send the entry form along with a cheque made payable to Humberside and Lincolnshire Orienteering Club, to Dr D.J.Field, 128 Victoria Rd, Beverley, East Riding of Yorkshire, HU17 8PJ

Cost is £17 per person, if entry form is received by 31/08/14 which includes hire of an SI card (if required), accommodation and breakfast. Entries made after 31/08/14 £20 per person.

Cost for non-competitors is £13 for accommodation and breakfast.

**Final Closing date for entries 07/09/14.**

**Team Declarations:** Team captains must declare their teams between 4pm -7pm on 13/09/14

**Meals and refreshments:** Saturday - hot and cold drinks and available all weekend at reasonable hours, will be provided in the evening, but no meal. You might want to bring a packed supper or visit a local restaurant / food outlet.

Sunday morning - Breakfast comprising of cereals and milk, bread and fruit juice etc will be provided from approximately 7.00- 9.00am.

**Other Activities:**

We will attempt to arrange the traditional 5 a side football competition on the Saturday night.

**Walesby Forest is an International Outdoor Educational Activity Centre with over 40 adventure activities Including:**

<b>45ft Climb</b>	Team Challenge	<b>Zip Wire</b>	Nightline
Team Games	<b>Assault Course</b>	Canoe Capsize	<b>Raft Building</b>
<b>Archery</b>	Crazy Golf	<b>Cave Maze</b>	Circus Skills
Swimming	<b>Air Rifles</b>	Orienteering	<b>25ft Climb</b>
<b>Crate Stack</b>	Spiders Web	<b>River Crossing</b>	Water Sports
Giant Catapult	<b>Low Ropes</b>	Traverse Wall	<b>Kayaking</b>
<b>Problem Solving</b>	Body Boarding	<b>Fencing</b>	Great Wall
Metal Detection	<b>Bushcraft</b>	Twilight Zone	Water Zorb Balls
<b>CSI</b>	Pole Climb	Jacobs Ladder	Abseil
Leap of Faith	Laser Quest	Canadian Canoes	Giant Catapult

To book any of these activities then please contact the centre directly [Click here](#)

Standard SI controls will be used.

**Event Officials:**

Controller Tony Carlyle (AIRE),

Planner Zac Field (ShUOC)

Organiser Dean Field (HALO/SYO)

Entries email [djf1963@hotmail.co.uk](mailto:djf1963@hotmail.co.uk) and phone 01482 864 649 before 9pm.

## Entry Form

Team name .....

Leg	Name	BO No.	Club	Age Class	SI #	Cost
<b>1 (red night)</b>						£17.00
<b>2 (red night)</b>						£17.00
<b>3 (L. Green)</b>						£17.00
<b>4 (Orange)</b>						£17.00
<b>5a (Yellow)</b>						£17.00
<b>5b (Yellow)</b>						£17.00
<b>5c (Yellow)</b>						£17.00
<b>6 (Green)</b>						£17.00
<b>Age Total</b>						

Which additional competition is the team eligible for, please tick (all are eligible for the Peter Palmer Trophy):

- |  |                                     |
|--|-------------------------------------|
| Peter Palmer Trophy                          | <input checked="" type="checkbox"/> |
| Joan George Trophy Age =<90                  | <input type="checkbox"/>            |
| Norwich Orienteering Club Anniversary Trophy | <input type="checkbox"/>            |

None competitors accompanying team:

Name(s)

£13.00 .....

£13.00 .....

£13.00 .....

£13.00 .....

£13.00 .....

£13.00 .....

Total Fee £

Declared by Team Captain:

Name: ..... Signature: .....