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Londesborough Park

Sunday 10th April 2016

YHOA Championships & YHOA Super League (Level B Event)

FINAL DETAILS

Location & Parking **Grid Reference SE875464**
 Londesborough Park Cricket Club, Londesborough, Market Weighton, East Yorkshire,
Postcode (nearest) : YO43 3LL
Car parking will be in Cricket Club grounds where available parking space is limited. Please share transport if at all possible.

Directions From Londesborough village, follow signs to Park Farm and LPCC; these take you through the village and then into the estate. **Please drive slowly and quietly.** You go down a hill, up the other side and then the road straightens out. About halfway along the straight, turn right then left into the cricket parking field.
Drivers please observe 'Caution Runners' signs.

Terrain An area of mainly deciduous woodland on well drained chalk slopes and open parkland/pasture land. A variety of contour detail and good runnability.

Map Re-surveyed February 2016 after extensive forestry work.
 All maps are A3, scale 1:10000, 5m contours, updated Feb 16 2016 by Paul Taylor (big thanks to Paul for fitting this in with his JK commitments).
 Maps will be printed on waterproof paper.

Entries SI Electronic punching will be used at this event. SI cards (dibbers) will be available for hire (£1). Lost hired SI cards will be charged at £30.
 Start times will be displayed on FABIAN4 from Wednesday.

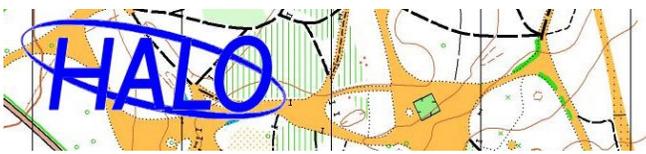
Courses Courses available (*class combinations for YHOA Championships*):
 White, Yellow (M10/W10);
 Orange (M12/W12); Light Green (M14/W14);
 Very Short Green (W75,80,85,90); Short Green (M75,80,85,90, W65,70);
 Green (M70, W16,55,60);
 Short Blue (M65, W18,20,45,50); Blue (M16,55,60, W35,40);
 Short Brown (M18,20, M45,50, W21); Brown (M35,40);
 Black (M21);
 Long Orange (any age class – EOD only – not Championship):

Competitors may enter any course they wish. However, to qualify for 'The Championships' they must enter the course for their age class as indicated above.

I should have asked all participants wanting to contest the **YHOA Championships to enter by age class.** This would have placed you on the correct course.

Age Class **If you didn't enter online by 'AGE-CLASS' please ask at registration on the day, before you run, to have your entry updated.** Thanks

Course	Controls	Length	Climb
White	9	1.7 km	65 m
Yellow	9	2.3 km	80 m
Orange	7	3.1 km	45 m
Long Orange	12	5.3 km	150 m
Light Green	8	3.2 km	100 m
Very Short Green	9	3.3 km	80 m
Short Green	13	4.0 km	135 m
Green	14	5.0 km	145 m
Short Blue	14	5.6 km	140 m
Blue	17	6.3 km	195 m
Short Brown	22	7.6 km	210 m
Brown	26	8.8 km	220 m



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Black	30	10.1 km	275 m
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Starts

10.30 - 12.30
 Yellow & White Start – 500 metres South – follow signs and tape.
 Main Start – 900 metres - West then North – follow signs and tape.
 Start Times for online entries will be posted on Fabian4 on Wednesday 6th April.
 Courses close at 14.30

Fees

(inclusive of BO Senior member reduction)

Seniors:	Yellow – Lt. Green	V. Short Green - Black	Juniors (under 21)
Pre-Entry Fees	£5.00	£8.00	all courses: £3.00

Late entries and EOD £10 for 'Championship' courses subject to availability.
 Other courses, read, as for pre-entry.

Officials

Planner Helena Crutchley (HALO)
 Controller David Horn (EBOR)
 Organiser Brian Slater – bslaterclee@yahoo.com
 32 Scrivelsby Court, Cleethorpes,
 DN350HJ

Shoe Disinfectant

All competitors must disinfect the soles of their shoes in the loaded tray provided. The landowner, Mr. Ashwin, has many ash trees on his land which would be vulnerable to infection without this precaution. Thank you.

Dogs

Dogs are permitted at this event on leads in the assembly/car parking areas. This is a sheep farming area.

Safety

Orienteering is an adventure sport – competitors are responsible for their own safety, and take part at their own risk.
 Competitors travelling alone should leave their car keys and particulars at Registration.
 Whistles should always be carried when orienteering.
 Goggles may be made compulsory in the event of adverse weather conditions.
 First Aid & details of nearest A&E will be available from Registration.

Pheasant Pens NB - fenced enclosures (pheasant pens) - care needed.

There are some head/neck high wires and/or ropes supporting the fence posts. The wires or guy ropes (3-5 metres long) are attached to nearby trees at head height so care is needed if you decide to run near the enclosures. They are wisely avoided.

Map info

A black cross on the map is a tripod. A black cross is used in control descriptions for a tripod.

There are many **piles of logs** at the side of tracks which the mapper has marked with **a short dark green line**. It is shown on the legend which is on the map.

OOB

Cultivated land is **out of bounds** (shown with the black dot yellow screen)

Crossing points

Most fences on the map are marked as crossable but in practice are difficult to cross with two strands of barbed wire at the top. Please use the crossing points marked with barrier tape and overprinted on the map; some are stiles and some are gates which the farmer has left open purposely or left closed.

Gates NB

If you open a gate, **you must close it behind you please**, as it is likely that there will be livestock in the area. This affects the longer courses only.

Yellow course

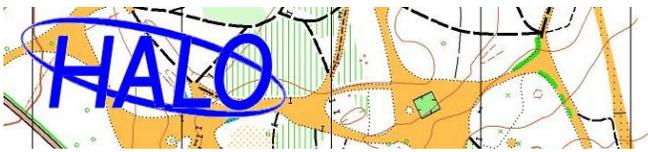
The Yellow course has a short taped route from control 6 to the edge of a field. Competitors should follow the tapes and then follow the edge of the field to control 7. These instructions are included on the control descriptions and there will be a sign at each end of the tapes.

New planting

Near the main start there are some areas of newly planted trees - please take care if you run through them.

Descriptions

The White, Yellow, Orange & Long Orange have written descriptions, all other courses



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have symbols

Thank you to:-	To Mr. Ashwin, the landowner; Steve Speck (gamekeeper); Rob Mitchell (forestry contractor); For their helpfulness and co-operation.
Results	Displayed at the event and then to be posted on the HALO website. Route Gadget will be available.
Prize Giving	This will be conducted asap when all class winners are confirmed.
Cancellation	In the event of cancellation, information will be posted on the HALO website and an E-mail sent to all Fabian4 entrants.
