

Humberside and Lincolnshire Orienteers

www.halo-orienteeing.org.uk

Houghton Wood Regional Event

Sunday 30th March 2014



Final Details

Clocks go forward one hour on Sat. night !

(correct at 26:03:14)

Location	The event will be signposted from the A1034 Market Weighton to South Cave road from the village of Sancton. Turn west off the A1034 in Sancton at Grid Ref SE 901372 and follow the road for approx. 900m. Turn left on to the track at SE 893388. Parking / Assembly will be approx. 300m along the track. Please drive slowly as the track surface is uneven, particularly after the first 200m.
Parking	Parking will be in a field adjacent to the Assembly area. Access and egress to the field for pedestrians and vehicles is through a single entrance. Please obey the marshals' instructions and give way to pedestrians.
Registration & Download	This will be in the HALO club tent close to the parking area. Registration will be open from 10.00am to 12.00am.
Facilities	Portable toilets will be located close to the Assembly area. Water/juice will be available at Assembly. As a condition of our permission to use this area, dogs are not permitted anywhere on the site.
Start and Finish	The Start and Finish are both within 200m of the Assembly area.
Entry on the Day	Competitors must complete an EOD form and register for the event at Registration. An EOD form will be available to download from the HALO website from Thursday 27 th March. Details of courses and lengths are on this EOD form as well as below. One of these forms must be completed by every competitor. Copies will also be available from a Parking Marshall and at Registration. Entry Fees: Juniors (under 21) – all courses £3; Seniors (White – Light Green) £5; Seniors (Very Short Green – Black) £8.
Start times and procedure	Starts will be from 1030 to 1230. Start times will not be allocated. A punching start will be used by all competitors.
Courses	See table on page 3 for preliminary details. Full details will be available at the event. A free String Course will be available adjacent to the Assembly area.
Maps	1:10000 (all courses), 5m contours. Survey 2008, updated 2014. Maps (A4 size) will be printed on waterproof paper.
Terrain	Houghton Wood is a flat mixed area. There are large areas of newly planted trees, patches of impenetrable rhododendrons, and some runnable woodland. There are plenty of paths and tracks. The area is used extensively for shooting in the season.
Control Descriptions	Control descriptions will be on the map, loose ones will be available from the Start lanes. White and Yellow courses will have written descriptions. All other courses will use IOF symbols.
Controls	Sport Ident (SI) will be used for all courses. Controls are mounted on the top of stakes with a standard kite. The control number will be

	<p>marked on the control unit. SI cards (dibbers) may be hired (£1 fee) from Registration. There is a £30 charge for lost or damaged SI Cards.</p>
Safety	<p>Competitors take part at their own risk and are responsible for their own safety. Tree felling/logging operations are currently taking place in the area. In the unlikely event that these are in progress on the day of the event, up to date information/instructions will be provided by the Start Marshalls. However, competitors should keep well away from log piles. There are some deep drainage ditches which may have water in them, depending on the weather conditions prior to the event. Competitors should take extra care when crossing these and are advised not to attempt to wade through them. There are a number of tall wooden stakes with red/white tape attached in the northern part of the area which are not marked on the map. They relate to possible future development of the area and have no function during the event. Please do not disturb them. Competitors are advised to carry a whistle. Car keys may be left at Registration if necessary. Competitors travelling alone should leave their car keys and particulars at Registration. Cagoules and whistles may be compulsory in the event of adverse weather conditions. In such circumstances, competitors will be notified upon arrival at the event. All competitors must report to download in the Registration room, even if they do not complete their course. First Aid & details of nearest A&E will be available from Registration.</p>
Results	<p>These will be published on the HALO website. Competitors wanting a printed copy must deposit a stamped addressed envelope at Registration. Route Gadget will be available for this event.</p>
Cancellation	<p>If it is necessary to cancel the event, a notice will be placed on the HALO website. The Organiser may be contacted if required.</p>
Acknowledgements	<p>HALO is grateful to Lord Manton, his agents and estate staff for their generous support of this event:</p>
Officials	<p>Controller: Brian Slater (HALO) Planner: Neil Harvatt Organiser: Ken Hutson; ken.hutson@gmail.com; 01482 632529; 07748 763368</p>

Course information is available on the next page of these Final Details.

Thank you for supporting this event. HALO hopes you have an enjoyable run and wishes you a safe journey to and from the event.

Courses (preliminary details)

Final course details will be available at the event and displayed outside Registration

Course	Technical difficulty	Approx length (km)	Age Class recommendations
White	Easy	1.5	Younger beginners
Yellow	Easy/Moderate	2.5	M10; W10; Older beginners
Orange	Moderate	3.0	M12; W12; Adult beginners
Light Green	Fairly hard	3.5	M14; W14
Very Short Green	Hard	3.6	Long: W75 Short: W55-65
Short Green	Hard	4.5	Long: M75-80;W65-80 Short: M65-70; W45-60; W18-20
Green	Hard	5.0	Long: M65*; M70; W55-60 Short M55-60; W35-40; M18-20 W16
Short Blue	Hard	5.5	Long: M65; W45-50; W18-20 Short: M45-50; W21
Blue	Hard	6.5	Long: M55-60; W35-40 Short: M35-40 M16
Short Brown	Hard	7.5	Long: M45-50; W21; M18-20 Short: M21
Brown	Hard	8.5	Long: M35-40
Black	Hard	10.0	Long: M21

*Any M65L who wishes to run Short Blue (the BOF recommended colour for M65-69) will still count for the YOS, their points in the YOS being based on their minutes per kilometre (adjusted for height gain).